

**Department of Physical Education
Hackettstown High School, Grades 9-12**

**Physical Education & Health – 3.75 credits (Grade 9 & 10)
Physical Education & Health – 5 credits (Grade 11 & 12)
21st Century Career and Life Skills 1.25 credits (Grade 9 & 10)**

Class credits for the 2016-2017 school year:

- Physical Education & Health (Grade 9) is a 3 quarter-long class worth 3.5 credits.
- Physical Education & Drivers Education (Grade 10) is a 3 quarter-long class worth 3.75 credits.
- Careers (Grade 9 & 10) will remain a quarter-long class worth 1.25 credits.
- Physical Education & Health (Grade 11 & 12) is a full year class worth 5 credits.

WHATS NEW!!!



In our efforts to move towards a more fitness-based curriculum, the Physical Education Department has adopted the FitnessGram that is supported through the Presidential Youth Fitness Program. We have received a 3-year, fully-funded grant for the implementation and use of the program. The use of this program allows for student's fitness levels to be assessed each quarter of Physical Education. With the addition of the Presidential Youth Fitness Program, we will be able to display student growth and progress and provide concrete evidence of

their success. This evidence will allow us to monitor student progress providing a more hands on learning experience for our students. Differentiation of instruction and accommodation for all students is maximized in this process by allowing growth towards their personal goals.

The FitnessGram Program allows more interaction between students, parents, and teachers. We ask that you provide an email address at the bottom of this form to further open the lines of communication and allow quarterly updates of their progress.

POLICIES AND PROCEDURES

Please be aware that all students are required to provide a lock in order to protect personal items before being allowed to participate. Non - participation will result in an unprepared everyday until a lock is presented.

- Locks are to be taken off the locker at the end of the class period – NO exceptions!
- *You are responsible for your own things!!! If it is of value to you, do not bring it to school! Physical Education teachers will NOT be responsible for anything that is lost or stolen from lockers!!!*

By signing this paper I have read and understand all of the Policies & Requirements for the Hackettstown High School Physical Education/Health Program. Please return this form at the beginning of the school year to your Physical Education/Health/Careers teacher.

Student's Name (Print) _____
Student's Signature _____
Parent/Guardian Name (Print) _____
Parent/Guardian Signature _____
Parent/Guardian Email Address _____
Student's Email Address _____

Grade _____
Date _____
Date _____